## 18. THE WORLD OF THE 21. ST CENTURY

The world of the 21.st century has introduced many both positive and negative aspects to us. Let's have a look of them.

The most important problem for all human groups are social media.

**The internet, Facebook** is used every day by millions of young people all over the world, they search for different information, share their photos and exchange all possible experiences there.

Some adults work through the internet and do a lot of business. Most people like e-shopping as its faster, cheaper and more comfortable than shopping around for the best price.

The virtual background of the internet can be supportive for shy people who have difficulty communicating with the others.

**European Union** was formally established on November 1st. 1993.

The principal goal of the EU is to promote and expand cooperation among member states in economics and trade, social subjects that people discuses or argue about, foreign policy, security, and actions that we take to protect us or something that is being attacked.

**Medical advances** there have been many medical advances.

Transplants which can give patients the time and opportunity to resume a normal life. Healthcare has moved a lot in terms of operations

**Organized crime** is a crime committed by professional criminals working in large groups. Their specialization can be business of buying and selling dress.

**Population growth** more people are born every year with the increase in population, more process of damaging the air, water and land with chemicals is generated, more natural places where animals live in, and particular plants grow in are destroyed.

## Civilizační nemoci.

**1.** Lifestyle diseases – examples: diabetes, obesity, heart attack, high blood pressure, stroke, cancer, anorexia, allergies and more.

Causes: bad lifestyle

## 2. Heart attack:

**symptoms:** anxiety, pain in chest, pain in the left arm, shortness of breath.

## 3. Stroke:

**symptoms:** dizziness, patients are confused, uncoordinated movements.

- **4. Risk groups for diabetes** obese, elderly people
- **5. Risk groups for lung cancer** smokers, previous lung disease, older age.
- 6. Addictions soft drugs, hard drugs, alcohol, coffee, cigarettes, chocolate and more
  Causes mental problems, breaking up with a girlfriend
  Health problems withdrawal symptoms