

8. GREAT BRITAIN

The United Kingdom is a state located on the British Isles. In the Atlantic Ocean, northwest of continental Europe. The UK is part of Europe but separated from France by the Channel La Manche.

There are four countries in UK: England, Scotland, Wales and Northern Ireland. London is the capital of England, Cardiff is the capital of Wales, Edinburgh is the capital of Scotland and Belfast is the capital of Northern Ireland. The British Isles are washed by the North Sea in the north and east.

On the north and west are mountains and, on the east, and south there are rolling hills and flat lands. The longest river is the river Severn and the other long river is the river Thames. The highest peak is Ben Nevis.

The climate in Britain is mild it means the winter are mild and summer are not very hot. The weather is also humid due to the Gulf Stream, it rains a lot.

Popular sports are football, golf, cricket, horse riding, rugby and tennis, for example Wimbledon tournament.

Famous cultural event in the country is Edinburgh festival held in August, where you can admire lots of costumes, music and dancing styles and food.

As far as festival days I have to mention St. Patrick's day which is celebrated every March not only in the UK but in the world, St. Patrick is a patron of Ireland.

Christmas is the annual holiday to commemorate the day Jesus Christ was born. It is celebrated on December 25. Father Christmas in the UK or Santa Claus in the USA brings gifts for children in the morning. The families traditionally eat a roast turkey meal.

Traditional British dishes include full breakfast: fried bacon and eggs, fried sausages and tomatoes, beans and mushrooms.

For dinner they used to have roasted lamb, fish and chips and shepherd's pie.

The most interesting places in the UK are:

London is the capital of the UK; it has a lot of historical sights worth seeing.

The Tower bridge is one of the most famous symbols of London and is situated over the river Thames.

The Buckingham palace it has been the residence of kings and queens and is also a famous tourist's attraction.

The tower of London is the oldest building and it's located in the Centre of London. Originally it was a fortress and prison, today there is a museum, where the crown jewels are kept.

Zdravotní problematika při cestě do VB.

1. What documents do you need when you travel to the UK?

- passport,
- health and travel insurance,
- local currency (GBP) or visa card

2. What forms of medicine and medical aids would you pack?

We take medicines with us such as painkillers, anti-inflammatory, nose-spray and antihistamines.

3. What adjectives do we use to describe a pain?

There are different **types of pain**, for example:

burning pain

stabbing pain

throbbing pain

shooting pain

4. Where in the UK can you buy medicine?

Medicines can be bought for example at a **pharmacy** or a **drugstore**.

5. What would you buy if you had a toothache/runny nose/allergy?

I would buy painkillers for toothache.

For a runny nose and stuffy nose, I would buy drops to relieve the nose.

Antihistamines are good for allergies.