

16. SHOPPING

Shopping is quite an important activity in our life because it helps us obtain necessary things like food and clothes. For someone shopping is a hobby or a sport.

They spend a lot of time in shops looking around searching for the best price and spending money on unnecessary things.

There is often a large supermarket with tens or even hundreds of smaller shops and boutiques with branded fashionable goods: clothes, shoes, sportswear, cosmetics or jewelry.

At the supermarket you can buy many things cheaper especially when they are on an exclusive offer, but they can be of lower quality.

On the other hand, you often only pay for the brands. In shopping Centre there are also many restaurants. Fast and catering where you can have a rest when you are tired.

It's better to buy special things like electronic or computers, sports equipment in specialized shop where you can rely on quality and good service.

In big sports shops you can buy everything for sport for example: bicycles, skis, snowboards, tennis rackets, skates. Specially furniture stores are for example Ikea.

For everyday grocery shopping people usually go to the nearest shop. It may be a local supermarket or self-service shop.

There are many kinds of food shops. For example, at the bakery you can buy bread, rolls, cookies, and cakes. At the butchers you can buy meat products.

If you are short of money or you just don't want to spend much, you must look for bargains. If we save money, we can also go to Vietnamese marketplaces and there are things such as clothes, shoes, and other things, which are we cheap there, but not of a superior quality.

When you go shopping, you must pay for goods of course. The most common way is to pay cash, another way is pay by credits cards.

Objednávání a nákup materiálu v nemocnici.

1. Order of material in a surgery or in a hospital ward – Ways of payment?

- The material is ordered by a nurse or a doctor.
- Syringe, disinfection, test tubes, pills, medicine, oils, nursing aids for example bed pan, pillow and more.
- Usually online, and the payment is on the invoice. By card or by cash is not typical.

2. Kinds of hospital diets and what is typical for each of the diets?

- We have diets such as **liquid** - there is typical tea or water.
- **Mushy** – there is typical porridge, mushy meal.
- **Reductive** – there is a low-fat meal, low in sugar.
- **Diabetic** - we need to reduce sugar, more serving in a day.
- **Toddler** – here is typical breast milk.

3. Vegan and vegetarian food.

Vegans don't eat any meals, milk, eggs.

Vegetarians don't eat any meal.