

11. PRACTICAL TRAINING

I am going to talk about practical training in a hospital.

We have been going to the hospital for practical training for two years. We go to different departments such as the internal department, surgery, urology, neurology and more. Departments are different with different types of work. Somewhere there is a lot of work and somewhere there is less work.

We always have practice on Wednesdays for 2 hours and Thursday and Friday mornings. In the third year, we had continuous practice for 14 days in different departments. I had experience in the trauma department and the internal department.

I will describe our work in the internal departments. In the morning when we arrive at the ward, we exchange information with nurses. Then we go to the room and prepare things for morning hygiene. Morning hygiene includes washing the patient, cleaning the oral cavity, change nappies, make and change the bed into a clean one, apply creams, oils and ointments and help to get dressed.

If I have a request, we will take blood, either venous or blood sugar and we fill in patients record.

After morning hygiene, it's time to go dilute medicines, administration of timed drugs such as antibiotics, we also administer analgesics.

We take blood pressure, take pulse and oxygen and fill in patients record and communicate with doctors.

After the application of all drugs and insulin, the patient must eat, either eat himself or we feed him. The patient also has to drink a lot, we watch over him to drink as much as possible and we write in the liquid balance.

When we are not so busy, we disinfect the rooms and equipment.

Before we leave, we set patients into the right position and say goodbye to the patients, re-bandaging and we will pass the information on to the nurses.

The conclusion of the practice is that we consult our practice with the teacher, where she tells us our mistakes and we learn.

Profese zdravotní sestry

1. Why do you want to be a nurse? What personal qualities to be a good nurse?

Because I like the company of people and I like to help them.

We should qualities such as empathetic, reliable, competent, energetic, kind.

2. Where would you like to work?

I would like to work for a general doctor, because I would not like to work in shifts.

3. Are you going to study at university after the Maturity exam?

No, I'm not going to. I will go to a higher vocational school.

4. Would you like to work abroad?

I honestly don't know; I don't have a sufficient level of English but the experience is great.

5. Will foreign languages be important for your future job?

Yes, I think so, because we never know where our help will be important.