

13. ODDĚLENÍ NEMOCNICE

A hospital is defined as an institution that provides health care to the sick people. However, in some instances, a hospital may provide temporary or long-time residence for the patients.

For this reason, a modern hospital has specialized professional ranging from the physicians to the nurses who provide treatment to specific categories of the patient. Therefore, a hospital has several departments providing specific kinds of treatment.

Hospital departments:

NEUROLOGY

This department is meant to attend people who experience problems with their nervous system.

The department deals with all the diseases that attack the central, periphery and also autonomic nervous system.

Neurosurgeons are the professionals who are trained to treat such diseases.

The most common diseases that are encountered in this department are: epilepsy, dementia, multiple sclerosis, headaches and movement disorders.

During the testing process, a neurosurgeon examines the history of a patient with a special emphasis on the current situation of a patient.

The patient ward is consisting of nurse's station, patient room, physicians' area, conference room, nurses lounge, clean supply room and soiled utility room.

The hospital room is mostly light colored and there are windows. In the room we can see beds with a monkey pole, where there is a duvet with a pillow.

Right next to the bed is a bedside table with a glass and a lamp.

Usually there is a bathroom in the room.

Some patients also need wheelchair, commode, elbow crutches mostly after a leg injury, trolley for transporting to various examinations, bed pan, walker for example in case of a pelvic fracture.

Prevence úrazu při sportu, sporty vhodné pro klienty se zdravotním omezením

1. How can sport help people in their lives?

Supports the physical and psychological condition of a person, reduce weight.

2. Sport activities for obese people.

It is good for obese people to walking a lot, swimming, running, cycling and more.

3. Sport activities for elderly people.

For example, swimming, walking, Nordic walking, cycling and more.

4. Common injuries for various sports activities – prevention.

Sprained ankle, broken limb, concussion.

For example, a helmet or protectors, ride your bike carefully.

5. Sports used for rehabilitation.

Swimming, walking, Nordic walking, yoga,

6. The least and the most dangerous kinds of sports.

The most dangerous sports are, for example, parkour, horse riding, surfing, skiing.